

# EUROPEAN CHAMPIONSHIP EKO CADETS, YOUTH AND OPEN ADULTS KARATE SHINKYOKUSHIN



**26-27 OCTOBER 2024 WROCLAW POLAND**



Wrocław the meeting PLACE

Honorary Patronage of the Mayor of Wrocław



**Dear Presidents of National Organisations, Country Representatives,  
WKO Branch Chiefs and Dojo Leaders**

*It is with great honor and pride that Polish Shinkyokushin Federation and Kyokushin Karate Club them. Masutatsu Oyama, on behalf of European Karate Organization invite you to the:*

## EUROPEAN CHAMPIONSHIP EKO CADETS, YOUTH AND OPEN ADULTS KARATE SHINKYOKUSHIN

### **Date and place:**

26 - 27 Oktober 2024

KGHM Ślęza Arena, 51-376 Wrocław, 1 Kłokoczycka St., Poland

### **Organizer:**

European Karate Organization

Polish Shinkyokushinkai Federation

Kyokushin Karate Club them. Masutatsu Oyama

**-All rules can be find on <https://www.european-kyokushin.org>**

### **Categories:**

**Cadets, born in 2008 - 2009**

► **Kumite girls: -50, -55, -60, -65, +65 kg**

White shin protection with instep with full foot protection, groin protection, knee protections and white gloves are compulsory. Girls must also wear white breast (Cups) protectors. Girl competitors may wear a white T-shirt under their dogi. A compulsory EKO unified helmet to protect the chin, the face with a net/bars or plastics, top and back of the head, to be provided by the hosts. A compulsory EKO protective vest to protect the front and back of body and shoulders as well to be provided by hosts. Teeth protectors are optional but recommended.

► **Kumite boys: -50, -55, -60, -65, -70, -75, +75 kg**

White shin protection with instep with full foot protection, groin protection, knee protections and white gloves are compulsory. A compulsory EKO unified helmet to protect the chin, the face with a net/bars or plastics, top and back of the head, to be provided by the hosts. A compulsory EKO protective vest to protect the front and back of body and shoulders as well to be provided by hosts. Teeth protectors are optional but recommended.

Techniques allowed for the Jodan zone: Mawashi Geri, Uchi Mawashi Geri, Kake Geri.

The techniques are to be performed with controlled force by touching the helmet. Any technique carried or performed with uncontrolled force is not permitted.

Techniques for the Gedan zone are **prohibited**.

It is the competitor's obligation to show up for the fight within the regulation time of 1 minute wearing a complete set of protective gear.

- ▶ Kata girls
- ▶ Kata boys
- ▶ Team Kata

Preliminaries: *Pinan II, Pinan III, Pinan IV, Pinan V*

Next turns: *Geksai Dai, Yantsu, Tsuki No Kata*

*The kata cannot be repeated in subsequent rounds*

### **Youth, born in 2004 - 2006**

- ▶ **Kumite women: -50, -55, -60, -65, +65 kg**

*White Shin with instep protection covering the full foot, knee and groin protection are compulsory. A compulsory EKO unified helmet to protect the chin, most of the face, top and back of the head, helmets to be provided by hosts. Teeth protectors are optional but recommended. Women must also wear white breast (Cups) protectors. Women competitors may wear a white T-shirt under their dogi.*

- ▶ **Kumite men: -65, -70, -75, -80, -85, -90, +90 kg**

*White Shin with instep protection covering the full foot, knee and groin protection are compulsory. A compulsory EKO unified helmet to protect the chin, the face with a net/bars or plastics, top and back of the head, to be provided by the hosts. Teeth protectors are optional but recommended. It is the competitor's obligation to show up for the fight within the regulation time of 1 minute wearing a complete set of protective gear.*

- ▶ Kata women

- ▶ Kata men

- ▶ Team Kata

Preliminaries: *Geksai Dai, Geksai Sho, Yantsu, Tsuki No Kata, Saiha*

Next turns: *Sushiho, Kanku Dai, Seienchin, Seipai, Garyu*

*The kata cannot be repeated in subsequent rounds*

### **Open Adults:**

*Minimum age for competitors must be 18 years on day of competition.*

*Men should have a groin protector (suspensor), jaw protector optional.*

*Women should have a groin protector (suspensor), cup-shaped breast protector and white soft cotton shin-foot protectors, with a jaw protector optional.*

*It is the competitor's obligation to show up for the fight within the regulation time of ONE minute wearing a complete set of protective gear.*

*There will be no Tameshiwari competition.*

**Deadline for registration to August 31, 2024.**

**Registration available on: <https://app.kumitetechnology.com>**

### **Requirements:**

*At the registration and medical control, all participants are requested to present:*

- ▶ *Medical certificate (English), not older than 1 month*
- ▶ *Minors must have their parents' consent by English to take part in kumite competitions*
- ▶ *Proof age (ID or passport)*
- ▶ *EKO passport with 2024 stamp*
- ▶ *All protectors and Karate-gi according to the rules.*
- ▶ *Competitors are obligated to bring their personal set of protectors (except helmets and chest protection) and must submit for approval at registration. Equipment shop with approved protection will be available at the venue on both competition days.*

**The organizer provides helmets and torso protectors (hogo).**

### **Categories and number of participants:**

- ▶ 2 participants per country in each weight category KUMITE and individual KATA
- ▶ 2 team per country in each category of mix TEAM KATA
- ▶ Organizing country has one extra participant / Team in each category
- ▶ Cadets, Youth and Adults OPEN weight tournament – 1st, 2nd, 3rd places will be awarded with medals / certificates
- ▶ Special EKO Competition award for Cadets, Youth and Adult Open weight category
- ▶ Medal Winners (1st – 3rd places) at ADULTS EC/WC in weight category or Open Weight EC/WC (1st – 8th place) cannot register for Youth

### **Strongly recommended:**

The tournament organizers recommend having your own accident insurance, with the option of practicing martial arts.

For non EU-citizens to have a valid health insurance coverage that:

- Covers expenses in case emergency treatment and urgent hospitalization (in English).
- Valid in EU (Poland).

For EU citizens and citizens from Iceland, Liechtenstein, Norway, Switzerland and the United Kingdom, please bring your Health Insurance Card.

### **Financial Conditions:**

Accommodation, flight ticket, transportation and meals for all participants shall be covered by National Organizations, participants themselves.

All payments for participation fee and hotel must be paid by bank transfer.

### **Participation Fee:**

70 Euro per each participant.

Payments of participation fee should be paid to EKO by bank transfer before 31 August 2024.

IBAN: NL78RABO0103302778

BIC Code: RABONL2U

Bank: Rabobank Netherlands Stationsweg 5, 8911AG, Leeuwarden, Netherlands

In name of: European Karate Organisation.

### **Accommodation:**

According to established regulation, accommodation of arriving teams at the official hotels is a mandatory requirement.

Deadline to accommodation booking and hotel fees on 25 August 2024.

Hotel fees must be paid by bank transfer to the organizer's account:

IBAN: PL52 1050 1575 1000 0024 3728 0270

BIC Code: INGBPLPW

Bank: ING Bank Śląski, 40-086 Katowice, 34 Sokolska St., Poland

in name of: Klub Kyokushin Karate im. Masutatsu Oyama, 50-011 Wrocław, 35 b Kościuszki St.

The price is valid for a **minimum stay of 3 days**.

Accommodation prices also include the cost of breakfast, participation in the Sayonara Party (event for all tournament participants), transport from the hotel to the sports hall and lunch during the competition.

**Hotel IBIS\*\*\*** - 53-332 Wrocław, 7B Powstańców Śląskich St.

98 Euro per day/person in a single room.

66 Euro per day/person in a twin room.

66 Euro per day/person in a double room.

59 Euro per day/person in a triple room.

The hotel is a 10-minute walk from the old town center

**Hotel NOVOTEL \*\*\*\*** - 53-332 Wrocław, 7 Powstańców Śląskich St.

118 Euro per day/person in a single room.

78 Euro per day/person in a twin room.

78 Euro per day/person in a double room.

The hotel is a 10 minute walk from the old town center

**Hotel WEISER\*\*\*** - 51-163 Wrocław, 16 M. Kromera Avenue

75 Euro per day/person in a single room.

56 Euro per day/person in a twin room.

56 Euro per day/person in a double room.

The hotel is a 30 minute walk from the old town center.

Transport to the Sayonara Party will be organized for people staying at the WEISER Hotel.

### **Sayonara Party:**

Sayonara Party will take place at the NOVOTEL organizing hotel (address: 53-332 Wrocław, 7 Powstańców Śląskich Str.). For people who will be accommodated in organizational hotels for a minimum of 3 days, the cost of Sayonara is included in the room price.

Other people must purchase an entry ticket for 50 Euro.

Tickets can be ordered until October 20, 2024. The order should be placed by e-mail to the organizer's address: karate@karate.wroc.pl

### **Tournament t-shirt:**

During the Championship, you will be able to purchase a tournament T-shirt.

### **Airport transfer:**

Airport transfer will be available from Airport Wrocław to the official hotels. Prices: 20 Euro per person.

### **Schedule:**

There might be slight changes in the schedule depending of the number of participants.

**23 Oktober, Wednesday:** Arrival of referees for the Referee Course

**24 Oktober, Thursday:** Arrival of Members of the EKO, Board and Committee Members

Arrival of referees for the Referee Course

14:30 - 15:00

Registration to the referee course

15:00 - 20:00

Referee course.

Compulsory for referees who apply for new or refresh license. For rules of regulations and a license validity, see regulations on <https://ekoreferees.eu/> [2]. All categories are welcome (new referees with your national highest license, C, B and A in both Kumite and Kata). Application must be done on [www.ekoreferees.eu](http://www.ekoreferees.eu) [3].

Registration of referees on <https://app.kumitetechnology.com/> [4] is only for notification to the organiser. New license 50 € and refresh license 15 €, this can be paid by card or cash at the registration before the course. The course ends with a written test. For that you need a smart phone or a computer. The test is in English. All rules to study can be downloaded from <https://www.european-kyokushin.org/> [1] or <https://ekoreferees.eu/> [2]

**25 October, Friday:**

*Arrival of competitors and coaches.  
All meetings take place in the official hotel.*

10:00 - 19:00 *Registration, weight and medical Control*

10:00 - 11:00 *EKO Referee Committee Meeting*

10:00 - 11:00 *Referee Meeting*

11:00 - 12:00 *EKO Technical and Grading Committee Meeting*

11:00 - 12:00 *EKO Medical Committee Meeting*

12:00 - 12:30 *Anti-Doping Committee Meeting*

12:30 - 14:00 *EKO Board Meeting*

14:00 - 15:00 *Lunch for Members of the EKO, Board and Committee Members*

15:30 - 16:00 *Referee registration*  
*Make a registration on <https://ekoreferees.eu/> [2] before the general deadline August 31.*

16:00 - 18:00 *Referee briefing*

19:30 - 19:45 *Draws*

20:00 *Welcome Dinner (Officials, Country Representatives, Branch Chiefs)  
- at the official hotel.*

**26 October, Saturday**

07:00 *Transfer from Official Hotels to sport hall for kata competitors all categories and referees.*

08:00 - 08:30 *Referees Meeting*

09:00 - 12:00 *Kata individual and Teams for Cadets and Youth (on 3 tatami).*

10:00 *Transfer from Official Hotels to sport hall for Cadets and Youth kumite competitors.*

12:00 *Opening ceremony of the Cadets and Youth category tournament*

12:30 *Kumite elimination round and finals round for Cadets and Youth (on 3 tatami).*

*After the end of the first day of the competition, transport from the sporthall to the official hotel will be organized*

**27 October, Sunday**

09:00 *Transfer from Official Hotels to sport hall for all competitors all and referees.*

10:00 *Decoration of medalists Cadets and Youth for the kumite and kata categories.*

13:00 *Opening ceremony of the Adult Open category tournament*

14:00 *Kumite rounds for Adults Open category (on 2 tatami).*

18:00 *Decoration of medalists Adult Open category*

18:30 *Transport from the sporthall to the official hotel*

20:00 *Sayonara Party*